

Following In Jesus' Footprints

Key Scripture:

"Whoever claims to live in Him must walk as Jesus did" (1 John 2:6)

Big Idea:

Following Jesus isn't just believing in Him — it's walking like Him. His footprints show a path of courage, compassion, sacrifice, truth, and obedience.

As teens you face real pressures: identity, friendships, choices, temptations, and fears. But Jesus' footsteps can give you a steady, trustworthy path through all of it.



Reflection:

Think about footprints in sand. They don't last forever — unless you walk in them. Jesus' footprints are invitations to, "Come this way," to "Walk with Me," and "Let Me lead you."

Question:

Which part of Jesus' walk feels hardest for you to follow right now — courage, purity, forgiveness, obedience, or compassion?

Why do you think this might be?

What Jesus' Footprints Look Like

1. Footsteps of Compassion – Jesus noticed the lonely, the hurting, the ignored.
Your step: Look for someone who needs encouragement today.
2. Footsteps of Courage – Jesus spoke truth even when it cost Him.
Your step: Stand for what's right, even if you stand alone.
3. Footsteps of Purity – Jesus lived with a clean heart and clear purpose.
Your step: Choose what strengthens your spirit, not what weakens it.

4. Footsteps of Forgiveness – Jesus forgave people who didn't deserve it.
Your step: Release the weight of grudges — it frees you more than them.
5. Footsteps of Obedience – Jesus obeyed the Father even when it was painful.
Your step: Ask God, “What do You want me to do today?”

Discussion Prompt

Which of these footsteps do you think Jesus is calling you to focus on this week?

The Footprints That Turned Around

Jordan felt stuck. She wanted to follow Jesus, but her choices didn't match her faith. One night she dreamed she was walking on a beach. Jesus' footprints were ahead of her — steady, clear, leading toward a bright horizon.

But Jordan noticed her own footprints wandering off the path, circling back, stopping, starting again and she felt ashamed.

Then Jesus turned, smiled gently, and said, “I never asked you to be perfect. I asked you to follow.”



Jordan stepped back into the footprints — one step at a time.

Reflection

Where do your “footprints” wander most easily? _____

What helps you get back into Jesus' path? _____

What's one step you can take today to realign your walk with His? _____

Jordan's Word Search

C	U	G	N	I	D	A	E	L	B	F	D	A	S	Q	S	Y	L	T	N	E	G	S	T	O	P	P	I	N	G	I
L	D	K	G	H	C	T	A	M	E	T	U	R	C	E	R	B	F	D	E	C	I	T	O	N	N	I	G	H	T	V
E	E	C	D	D	W	A	L	K	I	N	G	F	A	X	C	O	F	O	O	T	P	R	I	N	T	S	G	H	O	K
A	P	U	E	E	J	R	H	O	R	I	Z	O	N	W	L	I	Y	M	J	P	T	C	E	F	R	E	P	D	I	J
R	P	T	T	M	T	H	G	I	R	B	M	H	Z	L	O	H	O	E	O	J	K	M	G	N	I	T	R	A	T	S
W	E	S	N	A	C	I	R	C	L	I	N	G	O	F	T	T	S	H	W	Y	D	A	E	T	S	T	I	M	E	Q
T	T	I	A	E	X	H	C	A	E	B	G	W	U	A	I	U	P	W	C	F	N	E	V	E	R	A	H	E	A	D
K	S	F	W	R	X	V	T	U	R	N	E	D	P	O	S	G	N	I	R	E	D	N	A	W	L	R	O	N	E	D
S	T	E	P	D	I	J	V	A	S	K	E	D	D	E	L	I	M	S	D	E	M	A	H	S	A	F	A	I	T	H

Footprint Self-Check

Rate yourself 1–5 in each area:

Compassion ____ Courage ____ Purity ____ Forgiveness ____ Obedience ____

Which number surprised you the most? Why?

Choose Your Next Step

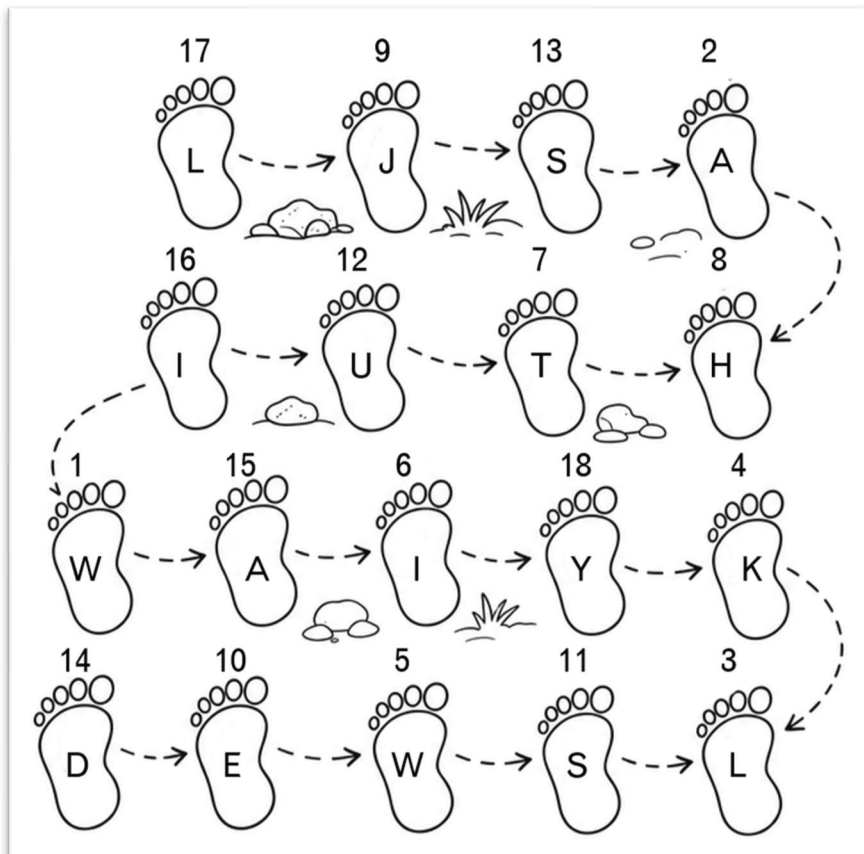
Write one practical action you can take this week to follow Jesus more closely.

Examples: apologize to someone, pray before school, delete something unhealthy, encourage a classmate, read Scripture before bed



Footprint Path Puzzle

Start at the first footprint and follow the path in order. Write each letter in the boxes below to discover the hidden message about following Jesus.



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1 2 3 4

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5 6 7 8

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9 10 11 12 13

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14 15 16 17 18

If Jesus Walked Into My School...

Write 3 things Jesus would do first.

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Then write 3 things you can do that reflect Him.

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One Footstep Forward

Pick one of Jesus' footsteps to focus on this week. Write it down. Tell someone. Live it out.

Take-Home Commitment

"This week, I will follow Jesus by _____."

Closing Thought

Jesus' footprints don't fade, even when ours do. The path He sets in front of us is steady and sure, leading toward life, purpose, and a peace the world can't shake.

Every step He took shows us how to walk with courage, compassion, and trust. So, keep going. Keep placing your feet where His have already pressed into the sand. He's not only ahead of you, showing the way — He's right beside you, matching your pace, guiding you with love you can depend on.

Prayer

Lord Jesus, help me walk in Your footsteps. Give me courage when I'm afraid, compassion when I'm tired, purity when I'm tempted, forgiveness when I'm hurt, and obedience when I'm unsure. Lead me, step by step. Amen.