

The Resurrection For Teens [AGES 13-16+]



I am the resurrection and the life. The one who believes in Me will live (John 11:25).

1. The Truth Of The Resurrection:

Why It Matters – The resurrection isn't just a happy ending – it's the core of the Christian faith. If Jesus didn't rise, Christianity would be just another story. But He did rise. That means:

- Jesus is who He said He is
- Death is not the end
- We can trust God's promises

Reflection:

What do you believe about Jesus? If He really rose from the dead, then everything changes – your purpose, your future, and your identity.

Quick Challenge:

Write down one question you have about the resurrection; then ask God to help you explore it this week.

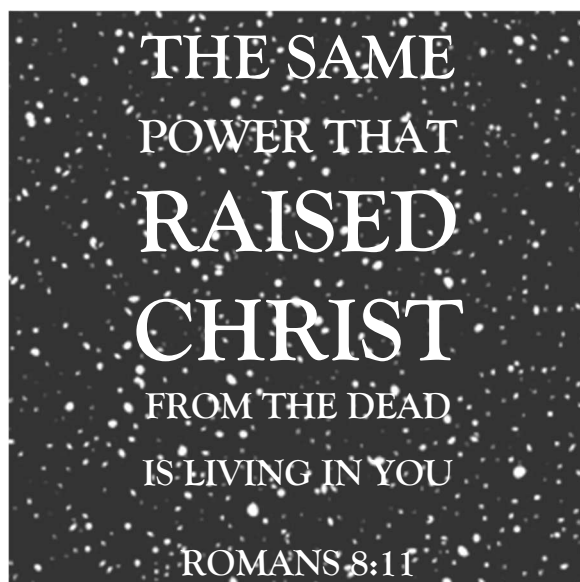
2. The Power To Transform:

Before the resurrection: fear, grief, and hiding.
After the resurrection: boldness, joy, and purpose.

Peter went from denying Jesus to preaching with fire. Mary went from weeping to witnessing. Thomas went from doubting to declaring, "My Lord and my God!"

Reflection:

What's one area of your life that feels stuck, broken, or hopeless? Jesus' resurrection means new life is possible – even there!



Prayer:

“Father, bring Jesus’ resurrection power into my life. Change me from the inside out.”

Before & After:

Fill in the panels below.

Life Without Jesus	Life With Jesus Alive In You



3. The Call To Testify:

Bible Verse:

“... go quickly and tell his disciples: ‘He has risen from the dead and is going ahead of you into Galilee. There you will see him.’ Now I have told you.” (Matthew 28:7).

Notice the angel didn’t say “keep this news to yourself.” That’s because the resurrection is news *worth* sharing.

Reflection:

You don’t need a microphone or a stage. Your story – your questions – your journey – can point someone to Jesus.

Mini Writing Prompt:

Write a short testimony including what was your life like before you knew Jesus; what changed when you met Him; what does the resurrection mean to you personally?

Challenge:

Share your testimony with one person this week – a friend, a sibling, a relative, or even an adult.

4. The Invitation To Trust:

Blessed are those who have not seen and yet have believed (John 20:29).

Faith isn't always easy. We weren't there at the tomb. We didn't see the angel. But we can still believe – and be blessed.

Devotion:

Now faith is confidence in what we hope for and assurance about what we do not see (Hebrews 11:1).

Faith isn't about having all the answers or feeling confident every hour of every day; it's trusting God when life feels chaotic or uncertain. Like trusting a parachute before jumping, faith is acting on the belief that God is who He says He is – your loving father. In the face of future stress you out, true faith is taking those worries over your own fears.



Action Step:

Write down one thing causing you anxiety today. Physically tear up the paper or delete the note as a symbolic act of handing that worry over to God and choosing to trust Him.

Prayer:

“Father, help my unbelief. When I cannot see the path forward, give me the confidence to trust that You are guiding me. Help me to choose to trust in Jesus. Even when I doubt, even when I struggle – I believe you are alive, and that you love me. Amen.

Resurrection Word Search:

resurrection
faith
trust
answers
believe
happened
hope
love
anxiety
Father
unbelief
confidence
guiding
choose
Jesus
death
promises
doubt
struggle
alive
blessed
testimony
testify
power
change
hopeful
boldness
joy
purpose

Q	A	C	Q	N	U	Y	B	L	B	U	M	S	I	D	E	E	K	H	P	K	C	J	H	Z
U	Y	B	Y	F	I	T	S	E	T	F	U	C	J	D	Y	R	N	I	Y	O	E	J	I	D
V	L	W	F	N	I	K	P	V	U	Z	J	W	L	N	H	N	L	E	N	D	R	E	A	U
J	M	X	K	X	X	G	E	H	R	X	B	O	O	S	F	M	T	F	S	T	L	N	P	E
X	O	R	N	L	R	P	X	X	B	F	T	M	Y	U	J	K	I	W	B	J	S	Q	G	G
O	H	U	N	B	E	L	I	E	F	S	I	P	R	S	J	D	W	F	G	W	J	N	U	N
Z	J	D	E	S	S	E	L	B	F	T	A	M	V	J	E	D	E	B	E	W	A	P	V	E
H	X	V	D	F	C	L	Z	W	S	Z	E	Q	K	N	O	E	M	R	C	H	U	E	Y	W
D	S	C	R	H	T	L	U	E	N	V	V	O	C	U	F	Z	S	Y	C	T	H	W	D	H
M	E	T	K	E	M	D	T	F	I	H	A	E	T	A	R	J	A	V	O	A	J	T	Z	D
J	L	U	R	P	W	U	Y	L	E	O	Z	Y	O	U	A	O	X	N	C	A	G	W	Q	O
F	Y	L	M	U	Q	O	A	I	T	P	S	C	T	G	T	E	A	L	J	L	L	J	U	U
X	Y	U	F	U	G	Z	P	S	B	Q	O	C	N	E	Q	V	M	I	W	B	E	D	E	B
X	N	O	R	E	K	G	B	V	P	I	G	H	R	R	I	Z	H	G	I	S	R	S	O	T
N	D	G	S	S	P	F	L	D	G	T	T	U	F	Q	D	X	F	H	I	O	J	R	N	A
M	M	P	U	R	P	O	S	E	W	G	S	T	B	E	S	V	N	M	C	H	Y	O	C	W
D	X	K	X	I	K	H	Q	Y	D	N	H	N	S	S	S	T	A	J	X	S	A	A	M	
O	K	X	V	P	Z	Z	Z	R	E	U	H	E	H	R	Z	A	E	T	G	E	J	E	S	Z
G	N	I	D	I	U	G	O	L	S	X	P	P	U	E	P	Q	I	N	X	K	R	T	W	P
E	L	P	U	R	X	B	H	H	I	P	K	Y	G	S	I	V	P	K	D	E	L	S	T	G
E	S	O	O	H	C	T	T	V	A	K	X	V	L	U	S	W	H	J	H	L	T	P	H	F
J	U	K	T	B	X	Z	A	H	W	S	C	M	O	R	S	G	P	T	Y	I	O	T	W	F
O	Y	E	T	V	N	T	E	C	Q	X	P	Z	B	R	N	U	A	T	T	D	E	B	X	V
V	A	P	N	D	U	X	D	W	O	Q	R	O	Z	E	N	F	S	W	F	U	B	K	A	H
M	Z	K	P	O	I	U	Z	Y	O	M	O	M	S	C	L	P	K	E	F	S	A	B	O	F
T	O	R	X	A	U	F	J	T	H	F	M	U	F	T	W	I	G	T	J	F	D	E	M	O
F	A	I	T	H	E	P	W	C	Z	O	I	Q	X	I	H	V	E	A	A	L	G	F	T	D
O	T	R	U	S	T	E	Q	Y	W	C	S	N	N	O	J	X	K	V	U	G	O	F	Y	Y
X	G	T	H	Q	Z	R	W	T	F	T	E	P	R	N	Q	Z	M	P	E	Y	M	V	N	V
F	I	X	L	A	Q	P	B	A	D	D	S	Y	Y	M	T	P	W	B	Y	E	L	H	E	C

Reflection:

Faith means trusting even when you don't have all the answers. I means saying, "Father God, I believe Your Son Jesus is alive and I want to follow Him.

Closing Thought:

The resurrection isn't just something that happened. It's something that happens in us – every time we choose hope, love, and faith.